

The Ultimate 3-Year Preschool Plan

Year 1: Letter of the Week

Year 2: Beginner Preschool Themes

Year 3: Advanced Preschool Themes

Aa

FOOD:

Apples
Applesauce

YEAR 1:

Alphabet Bingo

Ant art: write the numbers 1-5. In the correct space, make that number of fingerprint ants; dip your finger in black paint and press 3 ant body parts. After the paint is dry, draw legs and antennae on each ant

Count acorns: number plastic cups 1-10. Count out that number of acorns for each cup

Decorate A with apple hole punches

Make an alligator A

Pantry hunt: find the letter A

*Books: “Alexander and the Terrible, Horrible, No Good, Very Bad Day”

“Are You an Ant?”

“Dr. Seuss ABC Amazing Alphabet Book”

“The Great Escape of Marvin the Ape”

“The Lady with the Alligator Purse”

“There’s an Alligator Under my Bed”

“Zack’s Alligator”

*Movie: “Alice in Wonderland”

*YouTube: “Learn about Alligators for Kids”

YEAR 2: Apples

Apple hide and seek: hide an apple and play the hot/cold game to find it

Apple stamping art

Bake an apple treat

Make a 10 frame and count apple slices

Roll apples down a ramp and measure the distance

Taste-test different colored apples (with caramel dip)

“Ten Apples Up on Top” art: make 10 dot-marker apples on top of a picture’s head

*Books: “Apples, Apples, Apples”

“Apple Farmer Annie”

“The Apple Pie Tree”

“Snow White”

“Ten Apples Up on Top”

*Movie: “Johnny Appleseed” from Disney’s Melody Time

*Poem: “Way up high in an apple tree

Two red apples smiled down at me.

I shook that tree as hard as I could,

Down came the apples, Mmm they were good!”

YEAR 3: Animals

Theme –

Discuss and sort different animal categories: mammals, reptiles, birds, fish

Match animals to their correct habitats

Play animal charades guessing game

Sing “Old MacDonald” with different habitats, “Old MacDonald had a jungle...” etc.

Letter –

Match animal toys to beginning letter sounds

Math –

Dice rolling addition game: roll dice twice and set out and add that many animal toys

Graph animal toys by color

Make a 10 frame with animal toys

Make a Venn Diagram and learn the words carnivore, herbivore, and omnivore

Books –

“All the Awake Animals are Almost Asleep”

“The Antlered Ship”

“Five Little Monkeys Sitting in the Tree”

“Giraffes Can’t Dance”

“In the Quiet, Noisy Woods”

“Once Upon a Northern Night”

“Pandamonia”

“Sleep Like a Tiger”

“Stop Snoring, Bernard!”

Poem –

“Animals are in the air

Animals are on the ground

Animals are in the sea

Animals are all around!”

Movie –

Magic School Bus S02E12 “Cold Feet” about cold-blooded reptiles

Bb

FOOD:

Bacon
Bagels
Bananas
Blueberries
Broccoli
Brownies

YEAR 1:

Bake banana bread
Blow up and play with balloons
Decorate a B with balloons
Find and label things around the house that start with B (beds, books, bathtub, broom)
Glue buttons into a B shape
Go on a blue color hunt: find things around your house that are blue
Paint a wooden birdhouse or bird-feeder
String beads on pipe cleaner and bend it into a B shape

*Books: “Bedtime for Little Bears”
“Because a Little Bug went Ka-Choo”
“Berenstain Bears” books
“The Bike Lesson”
“Blueberries for Sal”
“Brown Bear, Brown Bear, What Do You See?”
“Harvey Potter’s Balloon Farm”
“I Need a New Bum”

YEAR 2: Teddy Bears

Make toilet paper roll binoculars and go on a bear hunt
Play hide and seek with a teddy bear
Sort gummy bears by color
Sort and measure teddy bears (and/or stuffed animals) by size. Talk about long, longer, longest
Sort teddy bears and stuffed animals by color
Teddy bear race: roll dice and take turns moving two bears down a line of sticky notes and race to the end of the line
Trace teddy bear’s outline and color it

*Books: “Corduroy”

“Goldilocks and the Three Bears”

“Hamish: The Bear Who Found His Child”

“One Ted Falls Out of Bed”

“The Teddy Bear Picnic”

“We’re Going on a Bear Hunt”

“What Does My Teddy Bear Do All Day?”

“Where’s my Teddy?”

*Poem: “Teddy bear, teddy bear, turn around.

Teddy bear, teddy bear, touch the ground.

Teddy bear, teddy bear, show your shoe.

Teddy bear, teddy bear, that will do.”

YEAR 3: Bodies

Theme –

Discuss body safety: good touch/bad touch

Exercise game: roll a dice, each number matches an exercise to do across the room (jump, run, hop, crawl, wiggle, crab walk)

Glue Q-tips onto body cutouts to make a skeleton

Trace bodies on big paper; glue on organ systems (circulatory and digestive)

Math –

Footprint cakewalk game: trace and cut out foot prints and label numbers 1-10. Put footprints on the floor in a circle and play music while boys walk around. When music stops, stop on a numbered footprint and draw a number flashcard; whoever is on that number wins!

Measure and compare body parts: hands, feet, faces, etc. Which is longest? Shortest?

Trace and cut out felt hands; glue down palms and move fingers up and down to practice addition

Books –

“Baghead”

“Look Inside Your Body”

“My Amazing Skin Can Heal”

“My Body Belongs to Me from My Head to My Toes”

“Parts”

“Ten Little Fingers and Ten Little Toes”

“Wally Does Not Want a Haircut”

“Your Body is Awesome”

Movie –

Magic School Bus S01E02 “For Lunch” about digestion

Magic School Bus S03E9 “Works Out” about circulation

Songs –

“Dry Bones”

“Head, Shoulders, Knees, and Toes”

“Hinges”

“I Have Five Little Fingers”

“My Hands”

“Roll Your Hands”

Cc

FOOD:

Cake
Carrots
Cookies
Corn
Crackers
Crepes

YEAR 1:

Bake cookies
Color C printout with crayons
Count and play with construction trucks
Decorate a C with cotton balls
Dress up in costumes and/or capes
Go camping in the backyard

*Books: “Cat in the Hat”

“Clara Caterpillar”

“Clifford the Big Red Dog” books

“Curious George” books

“If You Give a Cat a Cupcake”

“If You Give a Mouse a Cookie”

“Little Cloud”

“The Very Hungry Caterpillar”

*Movie: “Cars”

*Poem: “5 Little Monkeys Swinging in a Tree...Teasing Mr. Crocodile”

YEAR 2: Clothing

Button counting with playing cards: draw a card, count that number of buttons

Count the number of shirts and pants you have; which is more? Which is less?

Discuss and match appropriate clothing for certain activities: sleeping, swimming, hiking, playing outside, playing inside, going to a restaurant

Discuss and match appropriate clothing with seasons

Discuss why we wear clothing: for warmth, protection, and privacy

Make a 10 frame and count socks

Shoe puzzle: trace shoes on paper and match whose shoe matches which outline

*Books: “Animals Should Definitely Not Wear Clothing”

“Caps for Sale”

“Ella Sarah Gets Dressed”

“Froggy Gets Dressed”

“Lots More Animals Should Definitely Not Wear Clothing”

“Mrs. McNosh Hangs Up Her Wash”

“Pete the Cat and his Four Groovy Buttons”

“Pete the Cat I Love My White Shoes”

“Something from Nothing”

“Underwear”

*Poem: “Old shoes, new shoes,

[Child’s name] is wearing [describe their shoes] shoes.

One, two, three, four,

Now I stomp them on the floor.”

YEAR 3: Cooking and Food

Theme –

Bake cookies

Cook dinner together: main dish, side, veggie

Discuss and sort healthy v. junk food

Kitchen tour vocabulary game: appliances, utensils, cooking terms, etc.

Make and eat a food rainbow: red apples, orange carrots, yellow bananas, green grapes, blueberries, purple grapes

Letter –

Gather kitchen utensils and match them to their beginning sounds

Search pantry for food labels and graph them in ABC order

Math –

Survey family members: ask and graph favorite cookies

Books –

“Cloudy with a Chance of Meatballs”

“Jamberry”

“The Little Red Hen”

“Pete the Cat Pete’s Big Lunch”

“Stone Soup”

“Who Stoke the Cookies?”

“Yummy Yucky”

Movie –

Magic School Bus S01E09 “Gets Ready Set Dough” about cooking

Song –

“I Like to Eat, Eat, Eat Apples and Bananas” with different vowel sounds

Dd

FOOD:

Dinosaur-shaped chicken nuggets
Donuts

YEAR 1:

Decorate a D with dog stickers
Dig in the dirt/plant something in the dirt
Draw a picture of Dad
Feed ducks
Have a dance party
Paint with dot markers
Play with dominoes

*Books: “How Do Dinosaurs Say Goodnight?”
“Just Going to the Dentist” Little Critter
“Make Way for Ducklings”
“One Duck Stuck”
“Ten Black Dots”

*Song: “Do As I’m Doing”

*Movie: “101 Dalmatians”

YEAR 2: Dr. Seuss

Discuss the word author; explore books we own and find authors who wrote multiple books
Listen for rhymes: read Hop on Pop and listen for rhyming words
“The Lorax” craft: make truffula trees with pom poms glued to the tips of colored straws
Make a 10 frame and count the number of Dr. Seuss books we own
Make Cat in the Hat name art: glue red and white stripes to paper to look like a hat with a letter of the child’s name on each stripe. Arrange the stripes in the correct order
Play Dr. Seuss BINGO (read all the books associated with the BINGO pictures first)
Rhyming game: take turns drawing a picture (use kids picture Bingo tiles) and think of a rhyme with that word

*Books: any Dr. Seuss books
“Cat in the Hat”
“Cat in the Hat Comes Back”
“Fox in Socks”
“Green Eggs and Ham”

“Hop on Pop”
“Horton Hatches the Egg”
“Horton Hears a Who”
“I Can Read with My Eyes Shut”
“The Lorax”
“Mr. Brown Can Moo”
“Oh the Places You’ll Go”
“The Sneetches”
“There’s a Wocket in my Pocket”
“Yertle the Turtle”

*Movies: “Horton Hears a Who” 1970 cartoon
“The Lorax” 1972 cartoon

*Song: “Down by the Bay” sing with silly rhymes

YEAR 3: Dinosaurs

Theme –

Learn dinosaur vocabulary: dinosaur, bones, fossil, paleontologist, archaeology, ancient
Make “fossils” with dinosaur toys and play-doh
Paper plate stegosaurus craft
Play dinosaur Bingo
Sort dinosaur Bingo cards into ABC order
Visit the dinosaur museum at Thanksgiving Point

Letter –

Tape a letter to each dinosaur toy and hide them around the room; find the dinosaurs and
arrange the letters in ABC order

Math –

Make a 10 frame with dinosaur toys
Measure dinosaur toys; sort longest to shortest

Books –

“Danny and the Dinosaur”
“The Enormous Egg”
“How do Dinosaurs Say Goodnight?”
“How to be a T. Rex”
“Lulu and the Brontosaurus”
“Time Flies”

Song –

“Dinosaur dinosaur...”
turn around...stomp the ground
show your claws...snap your jaws
reach up high...wink one eye
touch your nose...tickle your toes
slap your knees...sit down please!

Movie –

Magic School Bus S02E03 “The Bussasaurus” about dinosaurs

Ee

FOOD:

Eclairs
Enchiladas
English muffins
Scrambled Eggs

YEAR 1:

Decorate an E with elephant hole punches
Exercise
Go on a nature walk and explore the area
Play a listening game with your ears: play/record and guess various sounds
Play with Easter eggs

*Books: “Edward the Emu”

“Elmer”

“Emily’s Balloon”

“The Empty Pot”

“The Little Engine that Could”

“Stand Back, Said the Elephant, I’m Going to Sneeze”

*Song: “Do Your Ears Hang Low”

*YouTube: “Learn about Eagles for Kids”

“Learn about Elephants for Kids”

YEAR 2: Eggs

Discuss what kind of creatures lay eggs (birds, reptiles, fish)

Paint an egg picture: print an egg outline and paint it

Go on an Easter egg hunt: fill eggs with magnet letters. Find the eggs and correctly order the letters

Put the correct number of pom poms into numbered Easter eggs

Research with videos online and compare where different kinds of animals lay their eggs: birds lay them in nests and sit on them to hatch them. Some reptiles bury their eggs in the sand.

Weigh Easter eggs: fill eggs with various materials and order them by weight: rice, paperclips, flour, pom poms, coins, crumpled paper

*Books: “Chickens Aren’t the Only Ones”

“The Golden Egg”

“Green Eggs and Ham”

“Guess What’s Growing Inside This Egg”

“Hatch”

“Hattie Peck”

“Ten Eggs in a Nest”

“The Enormous Egg”

*Movie: Magic School Bus S04E02 “Cracks a Yolk” about eggs

*Poem:

“I say a tiny egg. I wondered what it was.

Will it be a frog or hen, or something that will buzz?

I heard a tap, I heard a scratch, and I saw the egg sway.

I couldn’t wait to see inside and meet my friend today.”

YEAR 3: Environments

Theme –

Discuss that God made our earth for us; we are responsible to care for it

Learn about the globe: compare equator v. poles. Use flashlight to show how the sun shines

Paper plate earth painting craft

Sort animal toys to different environments: jungle, forest, desert, ocean, tundra

Letter –

Play ABC Go Fish; match upper and lowercase letters

Math –

Cloud number art: match numbered clouds with that number of raindrops

Graph and compare weather for different environments: which get rain, snow, or heat?

Books –

“Bedtime for Little Bears”

“Cactus Hotel”

“The Great Kapok Tree”

“Listen to Our World”

“Over and Under the Canyon”

“Over and Under the Pond”

“Over and Under the Rainforest”

“The Umbrella”

“What’s That Noise?”

Movies –

Magic School Bus S01E5 “Hops Home” about habitats

Magic School Bus S01E07 “All Dried Up” about deserts

Magic School Bus S03E11 “In the Rainforest” about rainforests

Song –

“Heavenly Father Loves Me”

Ff

FOOD:

French Fries
French Toast
Fruit
Fudge

YEAR 1:

Decorate F with feathers
Discuss our family: who is in our family?
Fish for letter magnets: tie a string with a paperclip to the end of a dowel and “fish” for letter magnets spread on the floor; say the sound of each letter you catch
Have a campfire and roast marshmallows
Play fast/slow game: roll a dice that correlates to a silly way to move (crawl, run, jump, go sideways, roll, walk backwards). Do that motion across the room while one person shouts, “Fast!” or “Slow!” Follow their direction and move at that pace until you get to the end and back.
Trace and cut out footprints and make a trail to follow

*Book: “Fancy Nancy”
“Fanny’s Dream”
“Fish is Fish”
“The Foot Book”
“Fox Went Out on a Chilly Night”
*Song: “Fun to Do”
“If You Chance to Meet a Frown”

YEAR 2: Farm

Discuss farm animals v. zoo animals (farm animals have jobs, zoo animals don’t)
Make a ten frame to count farm animal toys
Match baby farm animals to their mothers and learn their correct names
Numbered sheep match: glue the matching number of cottonballs (fleece) on numbered sheep
Play Farm picture bingo
Sort animal toys between farm animals and not farm animals
Visit Wheeler Farm

*Books: “Barnyard Dance”
“Big Red Barn”
“Charlotte’s Web”

“Click, Clack, Moo Cows that Type”
“The Cow Loves Cookies”
“Mrs. Wishy Washy’s Farm”
*Song: “Old MacDonald had a Farm”

YEAR 3: Family History

Theme –

Decorate body cutouts as our family
Fill out a picture pedigree chart
Interview grandparents and/or great-grandparents for a family story
Learn family vocabulary: great/grandparent, sibling, uncle/aunt, cousin, niece/nephew, etc.

Letter –

Spell our family’s names: write our name letters on sticky notes and scramble on the wall.
Rearrange in correctly spelled names
Sort all our extended family’s names in ABC order

Math –

Graph our paternal extended family by number of family members in each family
Graph the names of us and maternal extended family and compare lengths

Books –

“Big Papa and the Time Machine”
“The Granddaughter Necklace”
“Islandborn”
“Me and My Family Tree”
“My Family Tree and Me”

Songs –

“We Are a Happy Family”
“Here We Are Together”
“Families Can Be Together Forever”

Movie –

Coco

Gg

FOOD:

Garlic Bread
Graham Crackers
Granola Bars
Grapes

YEAR 1:

Count golf balls with a ten frame
Decorate a G with green decorations
Go on a green color hunt: find things around your house that are green
Play “Duck, Duck, Goose”
Play green light/red light: have one person be It and sit on the other end of the room. When their back is turned they shout, “Green light!” and the players crawl toward him. When It turns back around they shout, “Red light!” and everyone freezes. Continue until someone reaches It
Visit Grandma and Grandpa/Grammies and Pop Pop

*Books: “The Giving Tree”

“Go, Dog, Go”

“Green Eggs and Ham”

“The Grouchy Ladybug”

“Guess How Much I Love You”

“Officer Buckle and Gloria”

“Oh, the Places You’ll Go!”

“Three Billy Goats Gruff”

*Song: “Give, Said the Little Stream”

*YouTube: “Learn about Gorillas for Kids”

YEAR 2: Things that Grow

ANIMALS GROW

Baby animal movement game

Match baby animals with parents

HUMANS GROW

Decorate paper plates as faces and string with yarn for “hair” and cut with scissors

Discuss life cycle of humans and vocabulary: fetus, baby, toddler, child, teenager, adult

Measure how tall kids are; compare to our measuring board and see how much they’ve grown

PLANTS GROW

Discuss and draw the life cycle of plants

Measure and arrange small, medium, and large flower hole punches

Movie: The Magic School Bus S03E10 "Gets Planted" about photosynthesis

Names flower craft: write name letters on green squares and glue in order to make a stem for your flower

*Books: "Babymoon"

"The Carrot Seed"

"From the Garden"

"I Used to be a Baby"

"Next to You: A Book of Adorableness"

"Once I Was a Pollywog"

"Someday"

"Sometimes You Fly"

"Tops and Bottoms"

"Up in the Garden and Down in the Dirt"

"The Wonderful Things You Will Be"

YEAR 3: Games

Theme –

Discuss good sportsmanship; sometimes you win and sometimes you lose, and that's okay

Learn the basics for the following sports: (go to the park and play what is possible)

Basketball

Pickleball

Soccer

Sort pictures of game supplies into different categories: card games, board games, sports

Play these games and discuss what you can learn from them:

Dominoes (matching)

Sorry (counting)

Tumbling Monkeys (colors, strategy)

Uno (colors and numbers)

Letter –

Play alphabet BINGO

Play the first/last letter thinking game: pick a category. The first person picks an animal and the next player has to pick a new animal that begins with the last letter of the previous answer. No repeats and continue until players can't think of any more answers. (Animals example: alligator → rat → tortoise → eel → lizard → dog → goat)

Sort our games in ABC order

Math –

Count the games in our games closet

Books –

"Austin Plays Fair"

"Duck, Duck, Moose"

"Ella McKeen, Kickball Queen"

"Fun and Games: Everyday Play"

"The Golden Acorn"

"Jumangi"

Hh

FOOD:

Ham
Hamburgers
Hawaiian Haystacks
Honey (on Corn Bread)
Hot Chocolate
Hot Dogs

YEAR 1:

Decorate an H with handprints
Go on a hike
Make H-shaped houses with popsicle sticks glued to paper
Play hopscotch
Play superheroes

***Books:** “Dex, the Heart of a Hero”

“Hand, Hand, Fingers, Thumb”
“Harold’s Purple Crayon”
“Hop on Pop”
“Horton Hears a Who”

***Songs:** “Happy Song”

“Head, Shoulders, Knees, and Toes”
“Hello, Hello”
“If You’re Happy and You Know It”
“My Hands Upon my Head I Place”
“Roll Your Hands”
“When We’re Helping”

YEAR 2: Community Helpers

Discuss what a community is. Who is in our community? What does our community need to work?
Learn about how the mail system works: write and send a letter or card to someone through the mail
Match picture of a community helper with the first letter of their title: doctor, police officer, librarian, mailman, firefighter, garbage collector, car mechanic, waitress, etc.
Match these helpers to their correct vehicles: doctor/ambulance, police officer/police car, mailman/mailtruck, firefighter/firetruck, construction worker/excavator, garbage collector/garbage truck
Play firefighters alphabet game: with dry erase markers, write letters on inside of glass shower door. Give kids a spraybottle and let them find and spray away the letter you name

Use the Community Helpers flashcards to match the helper with his/her correct tool
Visit the local library

*Books: “Career Day”

“Clothesline Clues to Jobs People Do”

“Even Firefighters Hug Their Moms”

“Officer Buckle and Gloria”

“Pig Pig Gets a Job”

“Richard Scarry’s What Do People Do All Day?”

“Whose Hat is This?”

YEAR 3: Health and Hygiene

Theme –

Discuss that our bodies are a gift from God and we are responsible to take care of them

DENTAL DAY: discuss how to brush your teeth and why

Toothbrush letter review activity: write letters on the teeth of the laminated mouth pictures; draw a letter card and erase that letter until all the teeth are clean

*Book: “Just Going to the Dentist” Little Critter

*YouTube: “How to Brush Your Teeth Correctly for Kids”

GERMS DAY: discuss covering your coughs and sneeze

Germ tour: walk around the house and talk about all the places your hands touch (light switches, doorknobs, stools, drawers, tables, etc.)

*Movie: The Magic School Bus S01E03 “Inside Ralphie” about germs

WASHING DAY: discuss how to wash hands and other body parts

Shaving cream writing tray to practice writing letters

Books –

“Big Smelly Bear”

“The Crocodile and the Dentist”

“Little Critter Just Going to the Dentist”

“Germs Are Not for Sharing”

“Noses Are Not for Picking”

“Sick Simon”

“Something Smells!”

“Wally Does Not Want a Haircut”

Ii

FOOD:

Ice Cream

Ice Cream Sandwiches

YEAR 1:

Decorate an I with ice cream stickers

Discuss famous inventors/inventions. If you could invent something, what would it be?

Hole punch ice cream scoops and glue them into a stack

Make an igloo-shaped fort out of the connecting sticks and balls

Make “icky” puff paint and paint into the shape of Ii

Print a measuring tape and measure in inches various school supplies; organize them shortest to longest

*Book: “I Am an Artist”

“I Love You Through and Through”

“If You Give a Mouse a Cookie”

“Imogene’s Antlers”

“Inside, Outside, Upside Down”

*Song: “Itsy Bitsy Spider”

*Movie: “The Incredibles”

YEAR 2: Water and Ice

Experiment: where will ice melt fastest? Put two ice cubes in several cups and set those cups in various locations around the house (on a sunny windowsill, by the heater vent, on the kitchen counter, in the fridge, on the porch, etc.). Guess which will melt fastest and slowest. Check the cups in about an hour to compare

Label plastic cups with numbers 1-10 and put that number of ice cubes in each cup

Make iced slushee drinks

Paint ice cubes

Paint with colored ice cubes; mix food coloring in water and freeze into ice cubes with a popsicle stick sticking out. Once frozen, remove and use the sticks as handles to paint with

Write letters on cardboard, then trace over them with paintbrushes dipped in water

*Books: “A Day for Skating”

“Drop: An Adventure Through the Water Cycle”

“Mice Skating”

“Ruby and Rufus”

“Water is Water”

YEAR 3: Insects

Theme –

Butterfly symmetry art; paint one side of a butterfly cutout and fold in half to make matching art
Make caterpillar craft by painting egg cartons; decorate with googly eyes and pipe cleaner antennae

Play insect movement game

Sort insect toys by color

Letter –

Make caterpillar name art: write letters for our names on circles and arrange them in order to make a caterpillar shape

Swat the letter game: write letters and put them on the wall. Call a number and kids swat those letters with a fly swatter

Math –

Dot marker ladybug art; one side of ladybug says a number, dot the other side to match the number

Caterpillar fingerprint counting graph: make progressively longer caterpillars in a graph shape

Books –

“The Beeman”

“Caterpillar Dreams”

“The Grouchy Ladybug”

“Some Bugs”

“Velma Gratch and the Way Cool Butterfly”

“The Very Hungry Caterpillar”

“The Very Quiet Cricket”

Movie –

Magic School Bus S02E05 “Butterfly and the Bog Beast” about butterflies

Magic School Bus S03E01 “In a Beehive” about bees

Jj

FOOD:

Jello

Juice

Peanut Butter and Jelly Sandwiches

YEAR 1:

Decorate a J with jewels

Draw the letter J on the ground (chalk outside, blue tape inside) and jump along it

Go on a Jeep adventure with Dad

Make a jellyfish J

Make jingle bell necklaces

Play jump rope

Tell jokes

*Books: “The Day Jimmy’s Boa Ate the Wash”

“Jack and Jill”

“Jamberry”

“Journey”

“Peanut Butter and Jelly”

“Sheep in a Jeep”

*YouTube: “Learn about Jellyfish for Kids”

YEAR 2: The Jungle

Count jungle animal toys in a ten frame

Hide numbered monkey cutouts around the room; find and put them in their correct numbered order

Look at a globe and point out the continents that have jungles on them (South America, Africa, Asia);
each is unique and is always near the equator

Match jungle animal toys to the first letter of their name

Match three big jungle animals to their correct continents: sloths/SA, gorillas/Africa, tigers/Asia

Sort jungle/rainforest vocabulary cards in ABC order

*Books: “The Bird, the Monkey, and the Snake in the Jungle”

“The Great Kapok Tree”

“Jazzy in the Jungle”

“The Rainforest Grew All Around”

“Rumble in the Jungle”

“Slowly, Slowly, Slowly, Said the Sloth”

“The Umbrella”

*Poem: 5 Little Monkeys Sitting in a Tree, Teasing Mr. Crocodile

*Movie: “The Jungle Book” (explain that this takes place in India/Asia)

 Magic School Bus S03E11 “In the Rainforest” about rainforests

 “Tarzan” (explain that this takes place in Africa)

*YouTube: “Learn about the Jungle for Kids”

YEAR 3: Jobs

Theme –

 Discuss what do you want to do when you grow up? Draw a picture of you doing that job

 Interview Dad about his job(s) past and present.

 Interview Mom about her job(s) past and present.

 Match tools pictures to the correct job: police officer (handcuffs), doctor (stethoscope),
 firefighter (hose), IT security (computer), mailman (envelopes)

 Play mailman: write letters/pictures, put them in envelopes, and deliver them to family members

 Survey friends/cousins what they want to be when they grow up

Letter –

 List jobs/careers and match their beginning letters; can you think of a job for all 26 letters?

 Play firefighter: use dry erase markers and write letters on shower glass. Use a squirt bottle,
 draw a letter, and squirt that letter away

Math –

 Keep a running tally of jobs you see throughout the week (mailman, road construction workers,
 grocery store workers, librarian, waitress, etc.)

Books –

 “Clara and Davie”

 “Community Helpers A-Z”

 “Curious George Takes a Job”

 “Helpers in my Community”

 “I Can Dream”

 “Maybe You Could Fly a Jet”

 “This is the Firefighter”

 “When I Grow Up”

 “Whose Hat is This?”

Kk

FOOD:

Chocolate Kisses

Kabobs

Kiwis

YEAR 1:

Decorate a K with keys

Kick the K; write various letters on papers and string them up around the room. Find and kick the K

Make kabobs (or another food) in the kitchen

Play KABOOM popsicle stick game: write letters on ends of popsicle sticks and put them facedown in a cup. Write "Kaboom" on five popsicle sticks and add them to the cup. Take turns drawing a popsicle stick. If you get a letter, say the letter and keep it. If you get a Kaboom, you lose all your sticks and they must go back in the cup.

Play with kinetic sand

Use kitchen utensils to make patterns in play-doh

*Book: "The Color Kittens"

"Katy No-Pocket"

"King Bidgood's in the Bathtub"

"King Midas and the Golden Touch"

"The Kissing Hand"

*Poem: "The Three Little Kittens" nursery rhyme

*YouTube: "Learn about Kangaroos for Kids"

YEAR 2: Kites

Decorate a diamond-shaped kite picture with different shapes cutout from paper; sort the shapes per divided section of the kite (or you can divide the shapes per color)

Fly kites

Hide numbered kite picture cutouts around the room. Gather the kites and order them numerically

Make a kite K

Make a plastic bag kite: tie a string to both handles and then knot them together to make a homemade kite and fly it in the backyard

Make a windsock with rolled up construction paper and streamers as tails. Hang it up outside to test the wind

Paint a cloudy day: pinch cottonballs in clothespins and dip into white paint to paint puffy clouds onto blue construction paper

*Books: “Bear and Kite”

“Curious George Flies a Kite”

“The Emperor and the Kite”

“In the Wind”

“Kite Day”

“Stuck”

*Poem: “The wind came out to play one day.

He swept the clouds out of his way.

He blew the leaves and away they flew.

The trees bent low and their branches did too.

The wind blew the great ships out to sea.

The wind blew the kite away from me.”

YEAR 3: Kindness

Theme –

Brainstorm and discuss ways you can serve people around you (family, neighbors, extended family, strangers)

Discuss what does being kind mean?

*Comforting someone who is sad

*Listening when someone says stop

*Not teasing/being mean

*Respecting others’ differences and different choices

*Serving and helping others

*Using nice/polite words

Every day write down something kind that you did on a paper heart and tape it to the wall to make a collage

Pick one kind service project for someone and do it

Role play: read and act out the story of the Good Samaritan

Letter –

List ways to show kindness and match their beginning letters; can you think of something kind for all 26 letters?

Books –

“Enemy Pie”

“Ordinary Mary’s Extraordinary Deed”

“Pickle Chiffon Pie”

“A Sick Day for Amos McGee”

“The Lion and the Mouse”

“The Quilt Maker’s Gift”

“Those Shoes”

Songs –

“I’ll Walk with You”

“I’m Trying to be like Jesus”

“I Want to be Kind to Everyone”

“Jesus Said Love Everyone”

“Kindness Begins with Me”

Ll

FOOD:

Lasagna
Lemonade
Lettuce (Salad)

YEAR 1:

Compare things in your house that are little and big
Cut yarn and lay it out as long, longer, and longest
Decorate an L with lines made by a ruler
Glue cottonballs onto a lamb picture to decorate it
Hide a toy lion (or another object that starts with L) around the room; turn out the lights and find it only using a lantern (and by using the hot/cold game)
Play with Legos: make a letter L using Legos
Visit the library

*Books: “Grouchy Ladybug”
“Guess How Much I Love You”
“Library Lion”
“Lilly’s Purple Plastic Purse”
“The Lion and the Mouse”
“Little Blue Truck”
“The Little Engine that Could”
“The Little Red Hen”
“The Lorax”
“Love You Forever”
“The Tawny, Scrawny Lion”

*Song: “I Love to Laugh” from Mary Poppins

*Movie: “The Lego Movie”

*YouTube: “Learn about Lions for Kids”

YEAR 2: Leaves

Discuss what happens to leaves throughout the year (spring, summer, fall, winter). Discuss what season is right now and what the leaves on the trees currently look like
Discuss what leaves do (they make energy/food from the sun)
Hide numbered leaves (from the autumn collection) around the room. Find them and put them in the correct order

Graph leaf colors: make a variety of leaf hole punches in green, yellow, orange, red, and brown.
Choose 10-20 random leaves and graph them by color: glue them into a line and see which color has the most/least

Make leaf rubbing art (if weather permits; try buying fake leaves from a craft store if necessary)

Make seasonal q-tip art: print 4 empty tree outlines each labeled with one season. Use a q-tip to paint colored circular leaves on the appropriate trees: pink for spring blossoms, green for summer, orange for autumn, and white falling snow for the winter.

*Books: “And Then It’s Spring”

“Fletcher and the Falling Leaves”

“Goodnight Songs: A Celebration of the Seasons”

“Listen, Listen”

“Oak Leaf”

“When the Leaf Blew In”

*Song: “Leaves Are Falling All Around”

YEAR 3: Liquids, Solids, Gases

Theme –

Melt and boil ice cubes: the ice is solid, the water is liquid, the steam is gas

Compare various liquids: oil, milk, honey, dish soap, salsa

Make melted crayon art; discuss that melting the crayons turns them from solids into liquids

Make waffles; discuss that the batter is liquid and it bakes into a solid

Sort the food items in the fridge between solids and liquids

Letter –

Use watercolor paints and paint outlines of our names

Books –

“Change It! Solids, Liquids, Gases, and You”

“Joe-Joe the Wizard Brews Up Solids, Liquids, and Gases”

“Solid or Liquid?”

“What is a Liquid?”

“What is the World Made of? All About Solids, Liquids, and Gases”

Song –

“Farmer in the Dell” tune

“A solid never moves, [stand still] a solid never moves. Hi, ho, the derry-o, a solid never moves.”

“A liquid flows around...” [wiggle arms]

“A gas will fill the room...” [bounce around]

Mm

FOOD:

Mac and Cheese
Mashed Potatoes
Marshmallows
Meatballs
Milk
Muffins

YEAR 1:

Decorate an M with monkey stickers
Draw a picture of Mom
Drive up to the mountain
Make a marble run
Make a monster M
Make music; make bucket drums and sing songs
Play Tumbling Monkeys game

*Books: “Are You My Mother”

“Berenstain Bears On the Moon”

“Five Little Monkeys Sitting in a Tree”

“If You Give a Moose a Muffin”

“Mike Mulligan and the Steam Shovel”

“Mouse Trap”

“Mr. Brown Can Moo! Can You?”

*Movie: “Monsters Inc.”

*Poem: “5 Little Monkeys Jumping on the Bed”

YEAR 2: Music

Fill glasses with varying degrees of water and tap them with spoons; compare the pitch of the cups

Listen to various musical instruments: piano, saxophone, cello, flute, guitar, drums

Make/play with Easter egg shakers and sing songs while shaking them to the rhythm

Paint what you hear: get out paints and plain paper. Play a song and paint whatever comes to mind;

play various songs and paint various pictures (happy, scary, exciting, peaceful, etc.)

Play Memory with orchestra vocabulary cards

Play Name that Tune: mom will play the first few notes of a familiar song on the piano and see if kids can guess the song just by listening

Sing through the Preschool Family Music book

*Books: “I Know a Shy Fellow Who Swallowed a Cello”

“Jazz Baby”

“M is for Music”

“Mole Music”

“Tuba Lessons”

“Zin! Zin! Zin! A Violin”

YEAR 3: Magnets

Theme –

Carry a magnet around the house and test what objects are magnetic and not

Magnetic painting: put a paper in the bottom of a plastic container and squirt various paint globs on it. Hold a magnet underneath the bin and put a magnetic object into the bin. Move the lower magnet around to “paint” the object across the paper

Play with magnet tiles

Test and sort magnetic/nonmagnetic items

Letter –

Magnet letter matching: write letters on a paper and magnet it to the fridge. Match the magnet letters to the paper

Math –

Magnetic wooden train addition game: roll a dice and put that many train cars on the track. Roll again and add those many more train cars. Count the total train cars.

Magnetic fishing game: tie a magnet with a string to the end of a stick to make a fishing pole.

Put paperclips onto numbered paper fish and “fish” for them with the pole. Catch all the fish and arrange them in numerical order.

Books –

“A Look at Magnets”

“Magnets: Pulling Together, Pushing Away”

“Magnet Push and Magnets Pull”

“What Can Magnets Do”

“What Makes a Magnet?”

Poem –

“It’s a fact, magnets attract.

Nails and pails, and pins and tins.

It’s a fact, magnets attract.”

Nn

FOOD:

Chicken Nuggets
Nachos
Nilla Wafers
Noodles

YEAR 1:

Decorate a N with noodles
Do something nice for your family members
Go on a nature walk
Hammer nails into a scrap of wood
Hide numbered flashcards around room; find them and arrange them in numerical order
Make a nest N

*Books: “Goodnight, Numbers”
“Ninja!”
“Noah’s Ark”
“Noses are Not for Picking”
“Too Much Noise”

*Movie: “Finding Nemo”

YEAR 2: Nursery Rhymes

Hey, Diddle Diddle: unload and sort silverware
Hickory Dickory Dock: reenact rhyme with dice rolling game: clock struck 1-down he run, 2-away he flew, 3-danced fiddle-dee-dee, 4-ran out the door, 5-went to her hive, 6-oh fiddle sticks!
Humpty Dumpty: make an egg puzzle by cutting out an egg picture
Jack and Jill: measure water at a pouring station
Little Miss Muffet: reenact poem
Mary had a Little Lamb: glue cotton balls onto a lamb picture
One, Two, Buckle my Shoe: reenact poem
Three Little Kittens: hide and seek game with a mitten around the room

*Books: Nursery Rhymes collections to match the above activities

YEAR 3: Names

Theme –

Decorate our names with dot markers

Discuss our family surname. Why do we all share that name?

Was anyone named after a family member? Who and why?

Letter –

Arrange our names in ABC order

Match the beginning letters of everyone's names to their picture on our family tree

Secret code: give numeric/alphabet code to kids (a=1, b=2, etc.) along with a numbered secret message. Decode the message by matching the letters to the correct numbers

Unscramble the sticky-note letters from our names and arrange them correctly

Math –

Graph the letters of our names and compare lengths. How many letters in each name?

Books –

“A Porcupine Named Fluffy”

“Alma and How She Got her Name”

“Chrysanthemum”

“The First Thing My Mama Told Me”

“Hello, My Name Is...”

“My Name is Elizabeth!”

“Nosy Rosie”

“The Steves”

“Tikki Tikki Tembo”

Song –

“Here We Are Together”

Oo

FOOD:

Oatmeal Cookies
Orange Juice
Oranges
Oreos

YEAR 1:

Decorate an O with orange paint
Glue o-shaped cheerios into the shape of an O
Go on an orange color hunt; find things around your house that are orange
Make an obstacle course through the house
Make an octopus O
Play Open the Box: get a box with a lid and have whoever is It pick one animal toy and sneakily put it inside the box so no one else can see it. The other players ask yes/no questions to guess what the animal is. When they guess correctly, everyone say, "Open the box!" and show the animal inside.

*Books: "How to Hide an Octopus"
"Oliver"
"Olivia"
"Owen"
"Paul Bunyon and Babe the Blue Ox"
*Movie: "Shrek" and discuss the word Ogre
*YouTube: "Learn about Octopuses for Kids"
"Learn about Ostriches for Kids"

YEAR 2: Opposites

Clean and dirty comparison: put some animal toys outside in the mud. Bring them inside and put them alongside a collection of clean toys. Sort between clean and dirty and note that the two are opposites. In the sink, wash the dirty toys
Compare hot and cold water: fill glasses with water of varying temperatures and test each one. Note that the cool and warm cups are halfway between hot and cold, but the hot water and the cold ice water are complete opposites
Do a load of laundry: when it comes out of the washer it is wet; when it comes out of the dryer it is dry. Note that the two are opposites
Flashlight counting: hide numbered flashcards around the room, turn out the lights, and find them using a flashlight. Emphasize that light and dark are opposites. Arrange the flashcards in numerical order

Paint black and white pictures: note that black and white are opposites. Paint on white paper with all black paint and then paint on black paper with all white paint

Play Simon Says the Opposite: play regular Simon Says, then switch and do the opposite of whatever Simon says to do. Example: stand behind the chair—stand in front of the chair. Clap your hands high in the air—clap your hands low. Lay down—stand up. Run fast—walk slow. Yell really loud—whisper quietly.

*Books: “A Garden of Opposites”

“Big and Little”

“Big Bear, Small Mouse”

“Olivia’s Opposites”

“Opposites”

“You an Me: We’re Opposites”

*Poem: “Big and small,

Short and tall,

High and low,

Fast and slow,

Black and white,

Day and night.”

YEAR 3: Oceans

Theme –

Paint fish with Q-tips to make dots

Use play-doh and make fish toy imprints

Visit the aquarium

Letter –

Sort “Ocean Words” vocabulary cards by first letter into ABC order

Math –

Graph fish stickers by color

Make a 10 frame for fish/ocean creature toys

Books –

“A House for Hermit Crab”

“The Brilliant Deep”

“The Fisherman and the Whale”

“If You Take Away the Otter”

“Inky’s Amazing Escape”

“On Kiki’s Reef”

“To the Sea”

Movie –

“Finding Nemo”

Magic School Bus S04E12 “Takes a Dive” about coral reefs

YouTube –

“Learn about ___ for kids,” whales, dolphins, sharks, sea turtles

Pp

FOOD:

Pasta
Peaches
Peanut Butter Sandwiches
Pears
Peas
Pineapples
Pizza
Potatoes
Pretzels
Pudding
Pumpkin Bread

YEAR 1:

Decorate a P with purple paint
Go on a purple color hunt; find things around your house that are purple
Have a picnic at the park
Pantry hunt: find the letter P in the pantry
Play with puzzles
Play with play-doh
Puffy paint a P

*Books: “A Pocket Full of Kisses”
“If You Give a Pig a Pancake”
“Penguin Problems”
“Pickle Chiffon Pie”
“Poky Little Puppy”
“Polar Bear, Polar Bear, What Do You Hear?”
“Three Little Pigs”
*Song: “Popcorn Popping”
*Movie: “Peter Pan”
*YouTube: “ Learn about Penguins for Kids”

YEAR 2: Pets

Compare goldfish cracker numbers: roll a dice and count that number of goldfish into a bowl; roll the dice a second time and repeat. Compare the two bowls/numbers. Which has more? Less?
Count goldfish crackers to match to number flashcards

Discuss what kinds of animals make good pets?

Match the pet toys with their first letter sound

Silhouette puzzle: trace various pet toys on a sheet of paper; match the correct toy with its shape

Sort animal toys by pets/not pets

Sort stuffed animals by length; which is tallest? Shortest?

*Books: “But No Elephants!”

“Doggies”

“How Do Dinosaurs Love Their Dogs”

“Not Norman”

“Some Pets”

*Poem:

“Five little puppies were playing in the sun.

This one saw a rabbit, and he began to run.

This one saw a butterfly, and he began to race.

This one saw a cat, and he began to chase.

This one tried to catch his tail, and he went round and round.

This one was so quiet, he never made a sound.”

YEAR 3: Pirates

Theme –

Hide treasure coins in kinetic sand and “dig” for buried treasure

Make a pirate ship craft: cut paper plates in half, paint brown, and attach popsicle stick mast and white paper sails

Play pirate BINGO

Letter –

Label the parts of a pirate ship with their first letters (anchor, sails, portholes, hull, etc.)

Math –

Dividing treasure activity: use [x] pieces of pirate treasure. Figure out various ways to divide it between your shipmates

Make a 10 frame for pirate toys

Walk the plank counting game: set 10 pages of brown paper on the ground to make a plank.

Roll the dice to move along it. Whoever goes off the edge of their plank first loses

Books –

“Berenstain Bears Pirate Adventure”

“Captain Jack and the Pirates”

“How to be a Pirate”

“Peter Pan” illustrated classic novel

“Pirate Nell’s Tale to Tell: A Storybook Adventure”

“Pirate’s Lullaby: Mutiny at Bedtime”

“Treasure Island” illustrated classic novel

YouTube –

“Learn about Pirates for Kids”

Qq

FOOD:

Quaker oats in no-bake fudge cookies

YEAR 1:

Build a quilt/blanket fort

Decorate a Q with fabric quilt squares

Decorate your name with Q-tips dots

Make and decorate paper king and queen crowns

Play 20 Questions: guess an animal, color, item in the room, etc.

Snuggle in your favorite quilt and read a story/watch a movie

*Books: “The Patchwork Quilt”

“The Quilt Maker’s Gift”

“Quick as a Cricket”

“The Quiet Way Home”

“The Very Quiet Cricket”

YEAR 2: Queens and Kings; Fairytales and Fantasy

Discuss that fairytales have been told and retold over and over again for hundreds of years, and so each retelling might be a little different. Look for different examples of the same stories throughout the week: picture books v. audio books v. movies, etc. Compare and contrast these stories

Discuss what is a fairytale compared to other genres? Fairytales usually include magic, mythical creatures/talking animals, castles, medieval royalty, etc. Many fairytales teach lessons and reward good/righteous behavior over evil

Look for groups of three in the following stories. For every group of three, count out three post-its and put them on the wall in a group. At the end of reading all these stories, count those post-its by threes (number the 3rd, 6th, 9th, etc. post-its):

Aladdin

Cinderella

Goldilocks and the Three Bears

Three Billy Goats Gruff

Three Little Pigs

The Gingerbread Man: with play-doh, build a man. Decorate with buttons, beads, etc. to make a face

Little Red Riding Hood: carry a basket like Little Red Riding Hood and go around the room looking for hidden numbered flashcards. Collect all the cards in your basket, then arrange them in the correct order

Rapunzel: build a Duplo tower. Draw a numbered card 2-10 and build a tower that many bricks tall.

Draw another card and add that number of bricks to your tower. Repeat.

Three Little Pigs: build a brick house with Duplo or Lego bricks. Make it in a pattern alternating colors per row.

*Books: a fairytale collection of classic stories that includes the above activities

“Cinder Edna” – compare and contrast to a traditional Cinderella story

“Fanny’s Dream”

*Movies: a collection of Disney movies based on interest:

“Aladdin”

“Cinderella”

“Tangled”

“Snow White”

YEAR 3: Quiet and Loud

Theme –

Discuss locations where you need to be quiet or loud

Play the hot/cold game with a hidden object; sing louder or softer to direct the finder to the object

Play the listening sounds on CD game

Sound movement game: roll a dice and each number correlates with a noise to make: shout, whisper, tap the table quietly, clap loudly, tiptoe across the room, stomp your feet

Letter –

Draw a letter card and make a sound word that begins with that sound (bam, crack, zip, plop, slam, etc.)

Books –

“Listen, Listen”

“Pokko and the Drum”

“Say Zoop!”

“Shhh!”

“Quiet!”

Song –

“John Jacob Jingleheimer Schmidt”

Movie –

Magic School Bus S01E08 “In the Haunted House” about sound

YouTube –

Listen to music by different instruments: piano, guitar, saxophone, flute

Rr

FOOD:

Raisins
Ranch Dip
Raspberries
Rice
Rolls
Rolos

YEAR 1:

Decorate an R with ribbons
Go on a red color hunt: find things in your house that are red
Play a rhyming game: one person says a one-syllable word and the other person must make a rhyme with it. Take turns making more and more rhymes with no repeats; whoever can't think of another rhyme loses that round
Run a race
Visit a river

*Books: "The Midnight Ride of Paul Revere"

"The Red Carpet"

"Rico the Brave Sock Monkey"

"Row Row Row Your Boat"

"Rumpelstiltskin"

"The Runaway Bunny"

"The Velveteen Rabbit"

*Song: "Row, Row, Row Your Boat"

*Movie: "Robots"

*YouTube: "Learn about Rattlesnakes for Kids"

"Learn about Rhinoceros for Kids"

YEAR 2: Rainbow Colors

Draw on scratch-off rainbow paper

Hidden colors science experiment: put food coloring in muffin tin cups and cover with baking soda.

Squirt vinegar into cups to see what color the baking soda fizzes into

Make Froot Loop graphs; grab a bowl of loops and graph them by color; which color has most? Least?

Make Froot Loop necklaces with color patterns

Make homemade play-doh and mix the food coloring: red/yellow, blue/yellow, and red/blue.

Make a rainbow R

Mix paint in ziploc bags: fill ziploc bags with red/yellow, blue/yellow, and red/blue. Tape them to the table and mix them. What colors do they make?

Paint a rainbow fish with Q-tips to make dots; arrange dots in rainbow patterns

*Books: “Brown Bear, Brown Bear”

“Freight Train”

“Mouse Paint”

“Pete the Cat: I Love My White Shoes”

“Rainbow Fish”

*Movie: Magic School Bus S03E07 “Makes a Rainbow” about color

YEAR 3: Rocks

Theme –

Arrange rocks/pebbles into shapes

Paint rocks from our yard

Sort rocks from our yard into big, bigger, and biggest

Letter –

Arrange rocks/pebbles into letters; draw a letter card and make that letter with rocks

Hide alphabet-labeled rocks around the room; find them and arrange them in ABC order

Math –

Count 100 rocks/pebbles and group into sets of 10. Count by tens up to 100

Books –

“The Big Red Rock”

“Can a Rock Grow?”

“I’m Trying to Love Rocks”

“Petra”

“Ricky, the Rock that Couldn’t Roll”

“Stick and Stone”

Poem –

“I love to search for rocks, there are so many kinds!

Big boulders, small pebbles, look at all I find!

I find them in the garden, I find them at the shore,

I love to find so many rocks, I think I’ll find some more!”

Song –

(tune of Ten Little Indians)

“One little, two little...ten little pebbles on the ground.”

Ss

FOOD:

Salad
Salsa and Chips
Sandwiches
Snickerdoodles
Spaghetti
Strawberries

YEAR 1:

Decorate an S with snowflake hole punches
Go on a walk and look for stop signs
Go swimming
Make S snakes
Pantry hunt: find the letter S
Play Sorry
Play with kinetic sand
Play Simon Says

*Books: “Silly Sally”

“The Snowy Day”

“Stellaluna”

“Stone Soup”

“Swimmy”

*Songs: “I am Like a Star”

*YouTube: “Learn about Snakes for Kids”

YEAR 2: 5 Senses

SIGHT DAY:

Sort foam shapes

LISTENING DAY:

Music day – sing songs

Play listening sounds CD game

TOUCH DAY:

Finger painting

Mystery box game: put various objects in a box and feel them while blindfolded and guess what it is

TASTE DAY:

Taste test and describe the following things: salt, sugar, lemon juice, honey

SMELL DAY:

Smell spices in the pantry

Movie: Magic School Bus S04E9 “Makes a Stink” about smelling

Go on a five senses walk outside: what do you see? Hear? Feel? Smell?

***Books:** “The Eye Book”

“The Ear Book”

“Listen, Listen”

“The Listening Walk”

“Look, Listen, Taste, Touch, and Smell”

“The Nose Book”

YEAR 3: Outer Space

Theme –

Discuss where do the stars go during the day? The stars are still there, but we don’t see them because the brighter light from our sun outshines them

Learn outer space vocabulary: planet, star, sun, solar system, orbit, moon

Make paper towel rockets: paint the paper towel tubes then glue a cone-shaped cardstock triangle to the top and cardstock fins to the bottom

Paint foam balls like various planets; look online for color inspiration

Letter –

Match the names of the planets to their first letter and put them in ABC order: Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, Neptune, Pluto

Math –

Number the planet cutouts in the order in which they are in our solar system. Hide them around the room, find them, and put them in the correct numbered order

Roll the dice to move the rocket: lay out planet cutouts on the floor. Start with a rocket cutout and roll the dice; move that many rocket-spaces forward to a planet. Continue until you reach all the planets

Books –

“The Berenstain Bears on the Moon”

“Earth to Clunk”

“Fort on the Moon”

“Harry and Horsie”

“If You Had Your Birthday Party on the Moon”

“The Night the Stars Went Out”

Movie –

Magic School Bus S01E01 “Gets Lost in Space” about the solar system

Song –

Twinkle, Twinkle Little Star

Tt

FOOD:

Taquitos
Tater Tots
Toast
Tuna Sandwiches
Twix

YEAR 1:

Decorate a T with tape
Make a tree T
Make a turtle out of a paper plate decorated as a shell with paper legs and head glued to the outside
Read stories in the treehouse
Sleep in the tent in the backyard (or a blanket tent in the basement)
Trace toy tools onto paper and then let the child match the correct tool with its shape
Write letters on laminated pictures of teeth. Draw a letter flashcard and “brush” the letter off the teeth

*Books: “Duck in the Truck”

“It’s a Tiger!”

“One Tiny Turtle”

“Ten Little Fingers and Ten Little Toes”

“The Tiger Who Came for Tea”

“The Tortoise and the Hare”

“Trashy Town”

*Song: “Head, Shoulders, Knees, and Toes”

*YouTube: “Learn about Tigers for Kids”

YEAR 2: Trains

Collect train cars game. Take turns rolling the dice and collect that number of train cars on your turn.
Whoever gets twenty cars first wins (or whoever has the longest train after 5 dice rolls)
Count out the number of train cars to match numbered flashcards 1-10
Graph twenty random wooden train cars by color. Which color has the most and least?
Make a pattern of train cars. Print colored train cars and arrange them in various color patterns
Play Ticket to Ride
Play with wooden trains
Write out the letters of your name on paper square train cars. Glue them in line to correctly spell your name. Glue black circles for wheels on the bottoms of each train car

*Books: “Clickety Clack”
“Freight Train”
“I’m Fast!”
“The Little Engine that Could”
“The Little Red Caboose”

YEAR 3: Textures

Theme –

Finger paint: describe the texture of the paint. Slimy, smooth, slippery, etc.

Go on a texture scavenger hunt around the house. Find one object or surface that matches each of your texture vocabulary words (try various furniture, carpet, countertops, toys, etc.)

Learn texture vocabulary: rough, smooth, bumpy, slick, fluffy, soft, hard

Make, describe, and play with cloud dough: mix 8 c. flour and 1 c. oil

Make a texture collage; use sand paper, buttons, pipe cleaners, crimped paper, felt, etc.

Make texture rubbing art

Play with play-doh and make different textures using various kitchen utensils

Letter –

Compare and contrast texture writing trays: make trays with salt, flour, and cornmeal to write letters in.

Math –

Roll a dice and glue that many pom poms into a line

Books –

“I Feel a Foot!”

“Is it Rough?”

“Rough and Smooth”

“Soft and Smooth, Rough and Bumpy”

“Spiky, Slimy, Smooth”

“Touch and Feel Farm”

“What is Touch?”

Uu

FOOD:

Upside-down cake

YEAR 1:

Decorate a U with unicorn stickers

Listen to ukulele music

Make a blanket fort and go under the blankets to read a story

Make cards/treats for our uncles

Play outside with umbrellas

Which cup is it under? Put one object under one of three upside-down cups. Mix the cups around and guess which cup the object is under

*Books: “Great Day for Up”

“They Don’t Make Books About Uncles”

“The Ugly Duckling”

“The Umbrella”

“Umbrella”

*Movie: “Up”

*YouTube: “Disney The Ugly Duckling 1939” from Silly Symphony

“Unicycle Tricks”

YEAR 2: “Un-” Words

Brainstorm words that begin with “un”:

- unable
- unbuckle
- unbutton
- unclean
- undo
- undress
- unfinished
- unfold
- unhappy
- unlock
- unopened
- untidy
- untie
- untrue

Discuss that “un” at the beginning of a word means “not” or “the opposite of”

Fold the clean towels. Partway through, count the towels that are folded and count the towels that are unfolded

Go on an “un” scavenger hunt around the house. Look for as many items that match the above “un”-words list

Look around the house for something that is unclean or untidy. Clean it up together

Remove the “un” prefix from the above words list and put the words in ABC order

Tour the pantry. What items are opened and what items are unopened?

*Books: “The Boy Who Cried Wolf” (about saying things that are untrue)
“Good News, Bad News” (about being unhappy)
“Harry the Dirty Dog” (about unclean and unrecognizable)
“Little Critter Just a Mess” (about his untidy room)
“Unlovable”

YEAR 3: Utah

Theme –

Decorate a Utah map with labels/stickers of significant places: Salt Lake City, Great Salt Lake, Utah Lake, Eagle Mountain, Arches National Park, Zion National Park, St. George, Lake Powell

Discuss Utah’s settlement by the LDS pioneers. Look at LDS pictures and discuss the trek to Salt Lake City. Tell stories of our own ancestors who came to Utah

Discuss where Utah got its name: Ute Indian tribe. Other tribes that live in Utah are Navajo, Paiute, Goshute, and Shoshone, and several places in Utah are named for those tribes

Find USA on the world map, Utah on the USA map, and Eagle Mountain on the Utah map (near Utah Lake)

Visit This is the Place Park

Where do we live? Our house—Eagle Mountain—Utah—USA—North America—Earth

Books –

“Exploring the Pioneer Trail” (from Deseret Book)

“Kinaalda” (a Navajo Indian story)

“Songs from the Loom” (a Navajo Indian story)

“The Stone Cutter and the Navajo Maiden” (a Navajo Indian story)

“Sunpainters: Eclipse of the Navajo Sun” (a Navajo Indian story)

Songs –

“The Handcart Song”

“The Oxcart”

“Pioneer Children Sang as They Walked”

YouTube –

“Learn about Arches National Park for kids”

“Learn about Timpanogos Cave for kids”

“Learn about Zion National Park for kids”



FOOD:

Vanilla ice cream

Vegetables

YEAR 1:

Bake cookies with vanilla

Cut out a V from soft velvet

Decorate a V with velcro dots

Listen to violin music

Make a vase V with flower hole punches above to make a bouquet

Vacuum the letter V shape into the carpet

*Books: “This is the Van that Dad Cleaned”

“The Velveteen Rabbit”

“The Very Busy Spider”

“The Very Hungry Caterpillar”

“The Very Quiet Cricket”

YEAR 2: Vehicles

Compare and contrast various vehicles: trains, boats, cars, trucks, planes, etc.

Graph where various vehicles are used, either on land, in the air, or in the water. Which has the most?
The least?

Label vehicle toys with numbers and hide them around the room. Find them and arrange them in the correct number order

Make paper airplanes

Make vehicle pictures out of paper shapes

Sort vehicle toys by color

Sort vehicle toys by size

*Books: “Airport”

“Richard Scarry’s Cars and Trucks and Things that Go”

“Fire Engines”

“Good Night, Little Blue Truck”

“Little Blue Truck”

“Mike Mulligan and the Steam Shovel”

“Scuffy the Tugboat”

“Trucks”

*Song: “The Wheels on the Bus”

*Movie: Magic School Bus S02E08 “Revving Up” about engines

YEAR 3: Volcanoes

Theme –

Draw and label the interior of a volcano

Learn volcano vocabulary: lava, magma, vent, crater, active, dormant

Make a paper volcano with red and orange tissue paper to make lava

Make salt-dough volcanoes and erupt them with vinegar and baking soda

Letter –

Sort the parts of a volcano into ABC order: ash cloud, crater, lava, magma, vent

Math –

Don't erupt the volcano game: print a picture of a volcano interior for all players and draw dots along the inside vent. On your turn, first flip a coin: heads means add and tails means subtract. Second, roll a dice and move your red lava piece up or down (based on your coin flip) the volcano vent that many spaces. Take turns and whoever blasts out the top of their volcano first loses

Movie –

“I Lava You” (Pixar short from Inside Out)

Magic School Bus S02E01 “Blows Its Top” about volcanoes

YouTube –

“Volcano Eruptions”

Ww

FOOD:

Waffles

Watermelon

YEAR 1:

Decorate a W with water drop hole punches

Go on a walk in the wagon

Paint a wooden craft

Paint with watercolor paints

Play in the water: a water table, swimming pool, or bathtub

Play “Would you rather?” for kids

*Books: “Diary of a Worm”

“I Wish You More”

“We’re Going on a Bear Hunt”

“Where the Wild Things Are”

“Whistle for Willie”

“You and Me and the Wishing Tree”

*Song: “Wheels on the Bus”

*Movie: “Aladdin” (discuss his three wishes)

“Wall-E”

*YouTube: “Learn about Walruses for Kids”

“Learn about Wolves for Kid”

“Learn about Woolly Mammoths for Kids”

YEAR 2: Weather

Discuss and sort clothes based on weather

Discuss what temperatures you experience in different seasons

Draw a picture of the water cycle

Graph what kind of weather you’d see in each season: which season has what kind of weather?

Make a windsock craft

Match different types of weather to their beginning sound: ran, sunshine, cloudy, stormy, snowy, etc.

Numbered cloud art: glue the correct number of raindrop hole punches underneath numbered clouds

Track the weather throughout the week: put a sticker on a graph every day to mark the weather. At the end of the week analyze which types of weather were most common; which were the least?

*Books: “Little Cloud”

“Maisy’s Wonderful Weather Book”
“A Rainbow of My Own”
“Shapes in the Sky”
“What Will the Weather be Like Today?”

*Songs: “Rain, Rain, Go Away”
“Rain is Falling All Around”
“You Are My Sunshine”

*Movie: Magic School Bus S01E13 “Kicks Up a Storm” about weather

YEAR 3: Around the World

Theme –

Every single person in the world is a beloved child of God, no matter what they look like, what language they speak, what foods they eat, or where they live
Learn about the seven different continents. As you study each continent every day, color that continent on a map until the whole world is colored.

Song –

“Children All Over the World”

AFRICA:

Book – “Mufaro’s Beautiful Daughters: an African Tale”
Learn about the Egyptian pyramids and ancient Egypt
Some of the world’s biggest land animals are native to Africa. Sort African animals in ABC order (lion, gorilla, giraffe, zebra, ostrich, elephant, etc.)

ASIA:

Ask Grandpa Montgomery to show us his Japanese souvenirs
Book – “The Runaway Rice Cake”
Eat Chinese food; practice using chopsticks
Watch “Mulan”

AUSTRALIA:

Book – “Under the Southern Cross”
What is a marsupial? Learn about kangaroos and koalas. Print and color a kangaroo, cut open its pouch, and put the joey on a popsicle stick to go in and out of the pocket
Watch “The Rescuers Down Under”
YouTube: listen to the didgeridoo

EUROPE:

Discuss where did our ancestors come from? (Sweden, Switzerland, France, Scotland, Denmark)
Make and eat Danish aebleskiver
Many of our traditional fairytales come from Europe; read Grimm fairytales (find Germany on the map), Hans Christian Anderson fairytales (find Denmark), and Perrault Cinderella (find France)
Play Ticket to Ride

NORTH and SOUTH AMERICA:

Book – Dia de los Muertos”
Eat Mexican food
Most of South America speaks Spanish; learn some Spanish words
Watch “Coco”
We live in North America! Find the USA and our state on the map

Xx

FOOD:

Chex mix

Twix candy bars

YEAR 1:

Decorate an X with skeletons and x-rays

Discuss: X isn't commonly used at the beginning of words, but is used at the middles or ends of words

Listen to saxophone music

Burn a candle and watch the wax melt

Print pictures of words that end with X and put them in ABC order:

- Ax
- Wax
- Flex
- Fix
- Mix
- Six
- Box
- Fox
- Ox

X marks the spot alphabet scavenger hunt

*Books: "A Fox: The Sound of X"

"The Adventures of Taxi Dog"

"The Crayon Box that Talked"

"Fox in Socks"

"Fox on the Job"

*Poem: "Excellent, exciting letter X!

So extra special is letter X.

Fox, box, mix, wax,

Phlox, ox, six, tax.

Always an adventure to explore,

With letter X, which we adore!"

YEAR 2: Exercise

Discuss what do our bodies need to be healthy? Good food, regular sleep, and lots of exercise

Draw a numbered flashcard. Do that number of exercises. If you draw the number four, do four toe touches, run across the room four times, do four jumping jacks, etc. (write down exercise suggestions beforehand)

List ways you can exercise. Try to think of a form of exercise that starts with every letter of the alphabet

Play at the park. What parts of your body got exercise at the park? What kinds of exercise did you do to play?

Roll the dice exercise game: write down six forms of exercise. Roll the dice and do the corresponding exercise

Watch and follow an exercise video every day

*Books: “Curious George and the Summer Games”

“From Head to Toe”

“Head, Shoulders, Knees, and Toes”

“I Am the Jungle: A Yoga Adventure”

“I Went Walking”

“Let’s Move”

“Stomp”

*Songs: “Head, Shoulders, Knees, and Toes”

“Hinges”

YEAR 3: Experiments

Theme –

Discuss: experiments are a way to test and learn about the world. They let us ask, “What would happen if...?”

Discuss: most of the below experiments test what happens when we mix certain things with each other. But scientists use experiments to study all sorts of things: human/animal behavior, robotics, engineering structures, etc.

Discuss that science is never “settled.” We are always learning new and different things about the world

Look for a problem or question about something around you. How could you test a solution for that problem with an experiment?

Make balloon rockets. Put a straw through a long string tied across the room, then tape a balloon to it. Blow up the balloon to various sizes and see how far it will rocket. Predict how far it will go based on its size

Make elephant toothpaste

Mix baking soda and vinegar to watch the reaction

Put Mentos in Diet Coke. Explain that this reaction only works with Diet Coke and we don’t know why it doesn’t with other sodas

Books –

“11 Experiments that Failed”

“Bears Make the Best Science Buddies”

“Charlotte the Scientist is Squished”

“Test This Book!”

“Whoosh!” Lonnie Johnson’s Super-Soaking Stream of Inventions”

Poem –

“I wonder what will happen...

I wonder what may be...

I wonder how it works...

I wonder what I’ll see...

I’ll be a little scientist,

I’ll think about it all,

I’ll ask so many questions

And I’m going to have a ball!”

Yy

FOOD:

Yogurt

YEAR 1:

Decorate a Y with yarn

Go on a yellow color hunt: find things in your house that are yellow

Go outside and yell

Make a graph with one column labeled “Yummy” and one labeled “Yuck.” Graph pictures of food that you like vs. dislike

Paint yellow suns on paper plates

Yoga

*Books: “Extra Yarn”

“Two Hands to Love You”

“Yawn”

“Yes Day!”

“Yoko”

“You Are Special”

YEAR 2 and 3: All About You

Theme –

Discuss what does the word “unique” mean.

Paint a self portrait (on a plain, printed face outline). Paint your colored eyes, hair, etc.

Letter –

Arrange the letters in your name

Find the secret names: Write family names on white paper with white crayon (push hard!). Paint over the paper with watercolor and discover the names

Math –

Count five things that are different about you than your family members

Count five things that you have in common with your family members (how you look, things you like to do, etc.)

Graph interests for our family members. Who likes a certain kind of food? Who likes certain activities/toys? Etc.

Books –

“I Like Me”

“I Like Myself”

“I Like You, You’re Like Me”

“My Many Colored Days”

“The Way I Feel”

Songs –

“I Am a Child of God”

“We Are Different”

Zz

FOOD:

Baked Ziti

YEAR 1:

Cut zig zag patterns on strips of paper

Decorate a Z with Zelda stickers

Glue zeros into a Z shape

Make a zipper Z

*Books: “Put Me in the Zoo”

“Zero is the Leaves on the Tree”

“Zero the Hero”

“Zoom! Zoom! Zoom! I’m Off to the Moon!”

“Zoomer”

*Poem: Fuzzy Wuzzy was a Bear

*YouTube: “Learn about Zebras for kids”

YEAR 2 and 3: Zoo

Theme –

Go to the zoo

Paint a zebra: cut out a white zebra head outline. Glue it to a colored paper and paint black lines. Add googly eyes

Sort animal toys into zoo animals vs. other animals

Letter –

Arrange zoo animal toys into the letter Z

Match zoo animal toys to their first letter sound

Math –

Make a playing board with a certain number of squares to the end of the board. Roll the dice and move your chosen zoo animal toy that many spaces forward. Race to the end

Books –

“1, 2, 3 to the Zoo”

“My Heart is Like a Zoo”

“Pandamonia”

“Wild Zoo Train”

“Yasmin the Zookeeper”